



Principal's Note

It is with a heart full of gratitude and joy that we present our first newsletter for the Academic year 2022-2023.

What an awesome beginning it has been for our school with the inauguration on 14th May and regular classes commencing for the children from 16th May 2022. There has been no looking back from that start date, the students from Mont 1 to Grade 5 along with the academic, non-academic teams, support staff have gone ahead with this amazing surge of energy and grace that we have experienced every day at the Ryan International Academy – Sarjapur Campus.

The vibrant morning assembly empowered with prayer sets the tone for each new day. Besides the meticulously planned academic programmes we welcomed the children to a space of Science and Innovation with the Innovation Academy. To ensure that we have a learner which has all the skills that a 21st century learner should have there was a plethora of club activities that were launched in the second week of June. Each school day was a store house of learning, sports and excitement, Our English Language Enhancement programme and Math Centre of Excellence are indeed a feather in the cap to add to the knowledge of our young.

Our children have come into our campus after 2 long drawn out years where they were confined to their homes and having online classes. With schools opened they have entered a whole new world of learning, friendships, activities and bonding with their teachers. It has been a joy to watch them adjust and adapt to a regular school. In all of this process the children need time, and attention of their parents and family members.

“Children are human beings to whom respect is due, superior to us by reason of their innocence and of the greater possibilities of their future...”. Let us treat them with all the kindness which we would wish to help to develop in them. “Free the child's potential and you will transform him into the world.” Maria Montessori

Wishing and praying that each of us as parents and well-wishers of children give them undivided attention, a patient hearing and engage with them on a daily basis. They are precious and we have a responsibility of giving them the best childhood years.

-Saina Mary Antony
Principal, RIAS

“

Quote of the month

“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.”

- Helen Keller”

”

Chief Editor

Saina Mary Antony, Principal

Editorial Committee:

Pre- Primary

- **Sonali Ghosh**
- **Udipi**
- **Vinod Raj**

Primary

- **Mini Regin**
- **Teresa Paul**
- **Ramya Menon**
- **Harsha Singh**

Media & IT coordinator

Harsha Singh



EVENTS AND ACTIVITIES AT SCHOOL

Activities

School Inauguration

The Lord has done great things for us and we are filled with Joy!

Psalm 126:3

Ryan International Academy-Sarjapur is another hallmark institution which proudly holds high the educational legacy built by Chairman Dr. A.F. Pinto and Dr. Madam Grace Pinto of the Ryan Group of Institutions. Inaugurated on 14th May 2022 by Chairman Dr. A.F. Pinto and Dr. Madam Grace Pinto themselves, RIA, Sarjapur follows the path of academic excellence and all-round education established by the visionary founders of the Ryan International Group.

It was indeed a joyous day as the teachers and staff of RIA - Sarjapur led by the Principal, Ms. Saina Antony welcomed Chairman Dr. A.F. Pinto and Dr. Madam Grace Pinto. Dr. Madam Grace Pinto fervently evoked the blessing of the Lord on RIA, Sarjapur, its teachers and students and prayed that the school would flourish and take forward the Ryan Group's mission of all-round development of knowledge, attitude, skills, social and moral values in every student through excellence in curriculum, pedagogy and teaching practice.

As the Guests of Honor planted saplings to signify the growth and prosperity of the school and the Ryan Group, the students melodiously sang the Ryan Plantation Song, in keeping with the Ryan spirit of environmental conservation. The blue and white balloons with the Ryan Group banner proudly took to the air, representing the success of the Vision and the Mission of the Ryan Group of Institutions to become the premier K-12 chain of schools that nurtures future-ready global citizens who experience the Ryan culture of holistic and empowering education.

Chairman Dr. A.F. Pinto graciously unveiled the foundation stone and cut the ribbon to enter the premises of the school. Dr. Madam Grace Pinto also took a tour of the classrooms and other amenities such as the Composite Lab, Computer Lab, Math



Lab, the Junior Library and so on. The Inaugural Assembly, Chairman Sir's address and Madame Grade Pinto's speech marked a buoyant conclusion to the rewarding and fruitful day.

First Day of School

'What we learn with Joy, we never Forget', becomes apt and meaningful with a blessed beginning like this one.

Children's First day at Ryan International Academy, Sarjapur was loads of Fun! They enjoyed doing many activities and had takeaways too...!

Celebrating Colours

Colours play a vital role in the world we live. Colours are a powerful form of communication. Children associate colours with many things they encounter in their lives. The role played by colours in all our lives is irreplaceable.

We, at Ryan International Academy celebrated the color days to help children sort and classify objects based on colors there by reinforcing the identifying and sorting skills.



Activities

Community Helper

Community workers are an integral part of our society. It is our responsibility to educate our students about the pivotal roles they play in our daily lives. As a token of appreciation towards the community helpers, our Mont 3 children dressed up as Doctors, Nurse, Teacher, Chef, Policeman, Dentist and showcased the behaviors community helpers and their contribution to our society.

This activity helped the students to build their confidence and show respect for the people who make our lives easy with the varied services they offer to us.

Physical Activity Classes

Physical Education lessons (PE) are conducted regularly, as it is the curricular subject which provides Physical activity to all the children. During early childhood, participating in active play provides an opportunity for bonding between children and their peers. The benefits of physical activity extend beyond distal physical health benefits, which are numerous, and include other more holistic benefits, such as social development, motor skill development, and cognitive development.

Story Time

Storytelling is a powerful tool. Children have an innate love for stories. Stories create magic & a sense of wonder. They teach morals, values & history. They entertain us, make us laugh & cry. It is a big part of our learning culture. Storytelling at Ryan is done using puppets, smart toys and with actions, gestures, body language and expressions.

Endangered Species Day

Pre-Primary Children got to know the meaning of **Endangered Species, groups** of animal or plant that is seriously at the risk of extinction.

As part of this day, children were shown pictures of



Activities

endangered species and shared how to protect them from becoming extinct. On this day, the children did the art activities like Paper Crumpling, Paper tearing, Cotton pasting and Thumb printing.



International Olympic day

The International Olympic day 2022 was celebrated at the Ryan International Academy - Sarjapur with the message, Sports is an integral part of a healthy and fit life!

The theme for this year's International Olympic Day is **'Together for a peaceful world'**

Our young Ryanites took to the grounds with great enthusiasm and sportsmanship spirit!



Joy of coming to School

Montessori children of Ryan International Academy-Sarjapur had a fantastic completion of more than 2 months of coming to school. The students enjoyed, learned and explored many new things. Children gained knowledge through real experiences of how to accomplish life skills in a purposeful way. Montessori kids are the happiest when they are engaged in real-life, ordinary activities.



15 Books Campaign

A unique library programme for students was launched on 3rd June, at RIA Sarjapur, by Ms Moitreyee Maiti who is an author of a book called PIC Simulation and analysis using Magic, followed by an interaction with the author. This programme encourages students to read 15 Books of their choice from across five genres. They do a follow up worksheet based on their reading of each book. Certificates are awarded to the students who complete reading 15 books in an Academic Year.



CELEBRATIONS

Doctor's Day

Doctors have supported the human kind during the tough COVID-19 times. Every year on 1st July, we celebrate National Doctor's Day globally to thank and acknowledge their invaluable work to mankind. In India, this day marks the birth and death anniversary of Dr Bidhan Chandra Roy who was one of the prominent physicians of our nation. To mark the National Doctor's Day, the young Ryanites visited the Manipal Hospital and acknowledged the Doctors by giving them bouquets, flowers and chocolates. They interacted with them and were enriched with the experience.



Investiture Ceremony

The Investiture Ceremony at RIA Sarjapur was held on 7th July 2022. The young student leaders for the Academic Year 2022-23 were handed over their portfolios of responsibility by our Chief guest Mr. Ajit Wijetilekk. Mr. Ajit is a former International Badminton player and holds a brilliant vision of making sports an essential part in the life of every boy and girl. Mr. John Alex and Ms. Mamatha Rao of Ryan Education Team graced the occasion. It was a moment of pride and joy for all Ryan Parents, Teachers and Management.



Activities

Yoga Day

It was indeed a perfect harmony between man and nature as we celebrated the International Yoga Day at the beautiful grounds of the Ryan International Academy.

The students embraced India's most beautiful gift to the world Yoga as they did the Surya Namaskara under the guidance of their teachers. From the tiny tots of Montessori to our Grade 5 students along with the teachers, had an amazing Yoga session in the football ground. The values which yoga teaches along with the strength it provides to the mind and body were explained to and experienced by all students.



World Environment Day

On World Environment Day Children along with parents planted a plant in their Home Garden and Balcony Garden and contributed towards Grace Madam's Motto of Each One Plant One.



Ryan Sir's Birthday

Psalm 118:24-This is the day that the Lord has made; let us rejoice and be glad in it.

An inspiring young dynamic leader, Ryan Sir is what all Ryanites aspire to be. Children celebrated Sir's birthday by making birthday caps, greeting cards and sang the Happy Birthday Song.



Innovation Academy

Innovation Academy is a programme which awakens the little scientists in all our children. They understand the world better with simple hands-on experiments and feel awed by the results of it. Every child tries out the experiments and also understands how things work. From making a simple glider using basic tools to understanding the concept of simple machines that work with a lever, children get to see the use of physics and mathematics in the real world.



Activities

Math Lab

Children love learning Math through play and games at the math lab. Playing and learning mathematics do not have to be mutually exclusive. They get an in-depth understanding of the concepts learnt in the class by play-way method at the math lab. There is a lot of experiential learning which makes each mathematical concept interesting to the students. These experiences also prove to be an effective way of building mental discipline and encourage logical reasoning and mental rigor.



Ikigai Centre of Learning

The Ikigai Centre for Learning at RIA Sarjapur, is designed to facilitate the holistic development of children. The programmes and initiatives that are conducted under the Ikigai Centre for Learning are linked to the 12 vision points propounded by our Chairman Dr. A. F. Pinto, which is to nurture our students as future-ready 21st century learners who will impact the world positively and responsibly impact the world. At RIA Sarjapur, the purpose of Ikigai Centre for Learning is to help students identify their interests and develop skills and attitudes in order to live a purposeful life.



Star of the Week

Every child is unique and special. 'The Star of the Week' is an initiative by Ryan International Academy, Sarjapur to make each child feel important and celebrate his/her uniqueness. Every week a student from Nursery to grade V is selected as the Star of the Week. The Star of the Week poster captures the information about the selected child, his/her likes, hobbies, interests, and so on. The students are made to feel important, special and loved being the center of attention throughout the week. The parents get to spend 15-20 minutes with their ward's friends in their classroom on a designated day and interact with them.



Activities

Health Safety Child Protection

Every child has the right to live a life free from violence, exploitation, abuse, etc. When your child is in school, the school is responsible for keeping them safe from harm and abuse. So, at Ryan International Academy, we have created an HSCP Committee. In that Committee comprises of,



MS. SUDHA RAJAVELU
HSCP Co-Ordinator



MS. MINI REGIN
HSCP Co-Ordinator



MS. SHALINI GUPTA
HSCP Co-Ordinator

What will this committee do?

The committee will

- Create a safe learning environment, identify pupils who are suffering or at risk of harm and take suitable actions
- Create a relationship where children can express their views, and concerns and keep them in the suggestion box
- Say NO to corporal punishment because Ryan International Academy follows a zero-tolerance policy for corporal punishment
- Make your child feel safe and protected in the school environment.

World Bicycle Day

Bicycling is one of the healthiest and most low-impact forms of aerobic exercise that one can opt to shape their lifestyle, both physically and mentally. A fitness challenge for Parents, Students, their siblings (13 years and above) and the School Staff was held on World Bicycle Day, to promote and to create awareness on being fit.

Staff ACE Award

To recognize employees with exemplary alignment with our values and creating significant impact on school performance. Research says that employers with a good recognition scheme earn significantly higher productivity, and support employee retention than those who did not try it. With a better and more empathetic R&R program, an employee will go the extra mile to perform well and be a well-wisher for the school. Needless to state that these awards encourage teachers to perform better.



MR. SUJITH
(RUNNER)



MS. HARSHA SINGH
(WINNER)



MR. FAIZAL HANEEF
(WINNER)



Mr. Vinod Raj



Ms. Kavita Nair

STUDENT'S CORNER

Sports in a Student's Life

Sports activities are very important in a student's life as it develops the physical as well as mental strength in them.

Daily physical exercise is essential for students because exercise not only helps students to stay healthy, but it also helps to improve their emotional fitness. Sports should be a major part of the school curriculum because if students stay emotionally and physically healthy, they can easily focus on their studies. It is important in schools because it helps to teach various skills to students like leadership, patience, team spirit, and social skills.

In sports activities, students not only play the role of team players but sometimes they also have to play the role of leader. Knowing that they have to lead the team, will boost their leadership qualities and this helps them to become good decision-makers. The physical activities help students to refresh their minds and create happiness. If sports are part of daily routine, then it helps the students in their overall development. In sports, just like in life, one cannot win all the time. Playing a sport teaches children this truth early on in life. Therefore, children learn how to accept defeat and lose graciously. They learn how not to get disheartened and to get back up and try again. It also teaches them about healthy competition.

Several studies suggest playing sports develops a child's self-confidence and self-esteem. A pat on the back, high-five from a teammate, or handshake after a match really boosts a child's confidence. Words of praise and encouragement from the coach, parents and other players raise self-esteem.

-Vihaan Dikshit – V 'A'
Head Boy, Student Representative



POETRY BY STUDENTS

Our Mother Ocean – Sia Anand – V 'A'

Oceans are blue and pretty
I always wanted to see how beautiful it can be
But someone told that all is gone
There are only toxic balls
There is oil, dust, plastic
So my dear friend, there is a role to play
So please keep mother ocean clean

Save The Ocean – Thanvika Anoop – III

I love the ocean
I love to play with you
I love to swim with you
You are my best friend
You are the gift of God
But why people hurt you
I don't know, how I can help you.

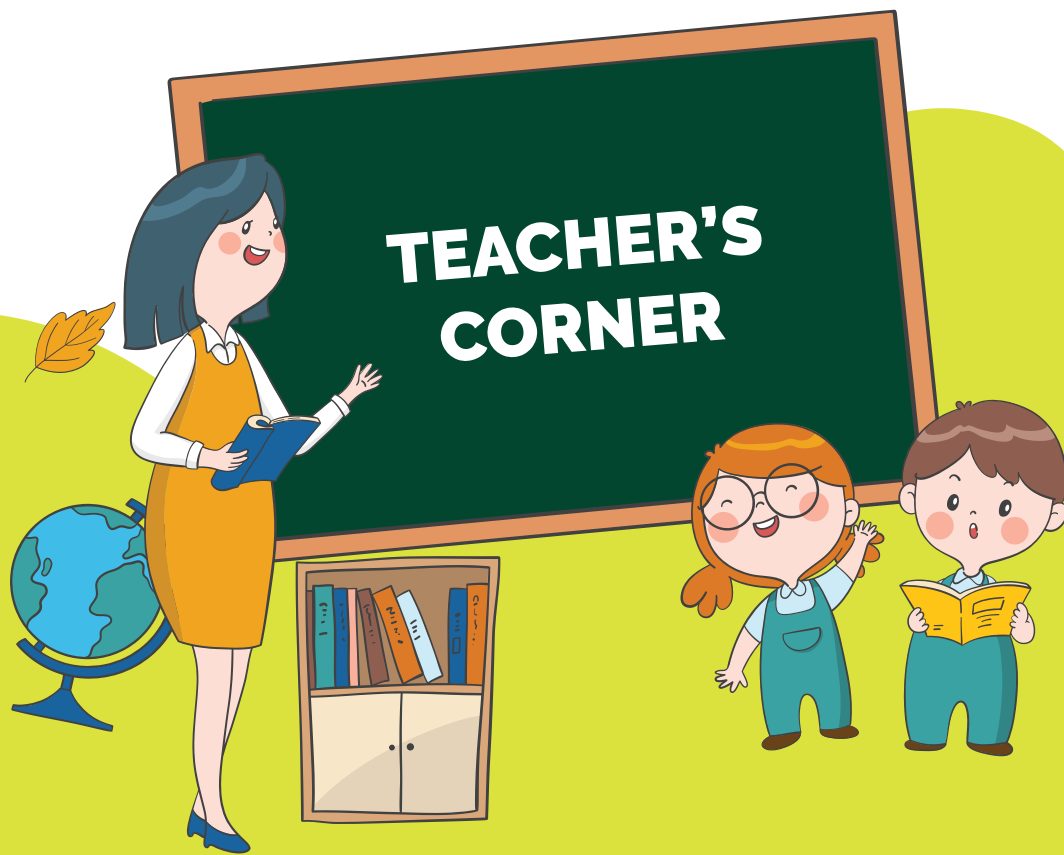
Wall of Fame



Hetvik Magesh
from Mont 3 'A'
has completed Level 1 in Skating.



Ditiya
from Grade II
won Gold Medal
on World Badminton Day.



Redefining School Life for Teachers and Students

We live today in a world that is so very different from the one we grew up in. When I look back on my school days, I remember the elaborate assemblies, the lunchtime with friends, the smiling faces of my teachers and all the moral values they have taught me. The world today is changing at such an accelerated rate and as a teacher, I had to pause and reflect on how to go forward helping my students to adjust to the changes post pandemic. Most children needed a lot of guidance to get settled into following the school routines and get used to their peers. But I have been struck by the incredible resilience displayed by all our children and proved to us that they are true achievers.

At Ryan, all the teachers have been constantly working towards unlocking the treasure hidden in every child and nurturing their minds to adapt to all the challenges put forth in front of them. Most of our students, who have never stepped on a stage over the last two years, have come up confidently during the assembly and performed fearlessly. We have been witnessing the formation of many young scientists in our Innovation Academy. Our budding sports stars have been showcasing their talents on the ground, getting better with each practice. There are several competitions conducted on a regular basis in art, literacy and culture which have helped them inculcate team spirit and understand how to work towards achieving a goal. We have seen the growing motivation among our children to learn to showcase their best behaviour to get higher up on the Motivational Pyramid. With the latest technologies used in our classrooms, our children always look forward to coming to school.

All of us educators facilitate our children to enjoy every moment that they have at school because there aren't rewinds, only flashbacks. We aim at creating the best memories that our children can think of when they grow up. Being a teacher, I have been blessed with the opportunity to mould and shape young lives for which I am eternally thankful. At Ryan, prayer has been given utmost importance wherein we begin the day with prayer and all of us teachers pray for all the children at our school. Working at Ryan International Academy has been motivating and challenging in many ways which has in turn empowered me to become a much better teacher and most importantly, a better human being.

—Mini Regin
English Teacher (Grades 3-5)



PARENTS CORNER

Responsibility as a Parent

As parents, we are always trying to provide the best for our children. We give them the best toys, the best food, and the best education possible we can afford...and sometimes more.

EDUCATION IS A VITAL REQUIREMENT AND CAN EQUIP THEM FOR A GOOD CAREER, BUT THERE IS ANOTHER ASPECT OF NURTURING WHICH IS GETTING NEGLECTED.

Previously, most of us grew up in extended families and were brought up on stories told by our grandparents and parents, stories with a lesson, a moral. Nowadays children are learning from television and phone.

Also, living in a joint family, children always had someone to take care of them, without giving them too much attention. Today, children are always looking for attention that parents cannot give fully to them, owing to the long job hours and stress that it brings.

Our children stand in the cuspice of the new world and the old, and we are the only fragments of our culture and family values they will ever get exposed to.

Good Education can indeed help create good professionals, but it's the good bringing up from us, the parent's side, that will create responsible and good human beings for tomorrow.

It is not very difficult though, if we can remember to spend some quality time every day with our children away from the distractions of television and phones, even a half hour will make a difference.

- Tanuj Singh
(Parent of Joshua Singh, Grade 3 'A')

PARENT FEEDBACK FOR MONT 1



Parent of Devyani Singh
Class – Mont 1 'A'

Good morning Sonali mam. We would like to say few words after star of the week activity. We have seen the progress in Devyani in study. She likes to come to school. We have seen photos which is uploaded in app and looks like she is enjoying the school time. We hope that will be continued in school and would like to say special thanks to you Sonali mam for all your efforts.



Parent of Hetav jeet makadia
Class – Mont 1 'A'

Blessed to have Hetav as our son and best decision was to admit him at RYAN International Academy. Sonali mam and Dhaya mam are extremely organized and have helped Hetav to get disciplined and organized. Amazing staff and facilities.



Parent of Avni vinay Mirajkar
Class – Mont 1 'A'

The school staff is very friendly and responsible. The kids are looked after and taken care very well. Sonali mam- she is the favourite teacher of Avni. She educates and teaches the kids very well.

Upcoming Events

- Post School Program
- Day Care
- Independence Day Celebration
- Tirangaa 2022
- Community Service Program